



**Big Brothers
Big Sisters®**

RESOURCES

for BBBS AFFILIATES

LESBIAN, GAY, BISEXUAL, TRANSGENDER & QUESTIONING (LGBTQ) YOUTH

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Vision: LGBTQ youth have access to a safe and supportive mentoring relationship with a caring adult.

Goals: To create and expand more intentional programming within the BBBSA network, identifying promising, replicable practices that can be used to strengthen mentoring services to LGBTQ youth across the country.

LGBTQ ORGANIZATIONS

- [Family Acceptance Project](#)
 - The Family Acceptance Project® is a research, intervention, education and policy initiative that works to prevent health and mental health risks for lesbian, gay, bisexual and transgender (LGBT) children and youth, including suicide, homelessness and HIV – in the context of their families, cultures and faith communities. We use a research-based, culturally grounded approach to help ethnically, socially and religiously diverse families to support their LGBT children.
- [Genders & Sexualities Alliance Network](#) (formerly *Gay-Straight Alliance Network*)
 - GSA Network is a next-generation LGBTQ racial and gender justice organization that empowers and trains queer, trans and allied youth leaders to advocate, organize, and mobilize an intersectional movement for safer schools and healthier communities.
- [Gender Spectrum](#)
 - Gender Spectrum's mission is to create a gender-inclusive world for all children and youth. To accomplish this, we help families, organizations, and institutions increase understandings of gender and consider the implications that evolving views have for each of us.
- [GLSEN](#)
 - At GLSEN, we want every student, in every school, to be valued and treated with respect, regardless of their sexual orientation, gender identity or gender expression. We believe that all students deserve a safe and affirming school environment where they can learn and grow. We accomplish our goals by working in hallways across the country -- from Congress and the Department of Education to schools and district offices in your community -- to improve school climate and champion LGBT issues in K-12 education.
- [Human Rights Campaign](#)
 - The Human Rights Campaign and the Human Rights Campaign Foundation together serve as America's largest civil rights organization working to achieve LGBTQ equality. By inspiring and engaging individuals and communities, HRC strives to end discrimination against LGBTQ people and realize a world that achieves fundamental fairness and equality for all.
- [PFLAG](#)
 - By meeting people where they are and collaborating with others, PFLAG realizes its vision through:
 - Support for families, allies and people who are LGBTQ

- Education for ourselves and others about the unique issues and challenges facing people who are LGBTQ
 - Advocacy in our communities to change attitudes and create policies and laws that achieve full equality for people who are LGBTQ
- [Trans Student Educational Resources](#)
 - Trans Student Educational Resources is a youth-led organization dedicated to transforming the educational environment for trans and gender nonconforming students through advocacy and empowerment. In addition to our focus on creating a more trans-friendly education system, our mission is to educate the public and teach trans activists how to be effective organizers. We believe that justice for trans and gender nonconforming youth is contingent on an intersectional framework of activism. Ending oppression is a long-term process that can only be achieved through collaborative action.
- [True Colors Fund](#)
 - The True Colors Fund is a 501(c)(3) nonprofit organization working to end homelessness among lesbian, gay, bisexual, and transgender youth, creating a world in which young people can be their true selves.

LBGTQ YOUTH MENTORING ORGANIZATIONS AND PROGRAMS

- [Lifeworks/Los Angeles LGBT Center](#)
 - Lifeworks is the youth development and mentoring program of the Los Angeles LGBT Center. We offer one on one, peer, and group mentoring opportunities for lesbian, gay, bisexual, transgender, queer and questioning youth ages 24 or younger. Our goal is to help LGBTQ youth to realize their goals and dreams with a safe space, positive and affirming role models, workshops, and activities that are fun and educational.
- [Supporting Our Youth \(SOY\)—Toronto](#)
 - Supporting Our Youth (SOY) is an innovative community development program of Sherbourne Health Centre. SOY works to support the health and wellbeing of all queer and trans spectrum youth by running groups, programs and events and by providing one-on-one support for queer, trans and questioning youth.
- [The Point Foundation](#)
 - Point Foundation (Point) is the nation's largest scholarship-granting organization for lesbian, gay, bisexual, transgender, and queer (LGBTQ) students of merit. Point promotes change through scholarship funding, mentorship, leadership development, and community service training.
- [True Colors, Inc.](#)
 - True Colors is a non-profit organization that works with other social service agencies, schools, organizations, and within communities to ensure that the needs of sexual and gender minority youth are both recognized and competently met. The organization trains more than 2400 people annually, organizes the largest LGBT youth conference in the country and manages the state's only LGBT mentoring program.

RESEARCH AND REPORTS

- **Climate Surveys**
 - GLSEN: [2015 National School Climate Survey](#)
 - National Center for Transgender Equality: [2015 U.S. Transgender Survey Report](#)
 - HRC: [Growing up LGBT in America](#) (2017), View and Share Statistics
- **Creating Inclusive Environments for LGBTQ Youth**
 - American Institute for Research: [Practice Guidelines for the Delivery of Trauma-Informed and GLBTQ Culturally-Competent Care: A Companion Guide to The Safe and Successful Youth Initiative Best Practice and Strategy Review](#)
 - Human Rights Campaign:
 - [All Children – All Families: Benchmarks of LGBTQ Cultural Competency](#)
 - [Supporting and Caring for our Bisexual Youth](#)
 - Substance Abuse and Mental Health Services Administration: [Ending Conversion Therapy: Supporting and Affirming LGBTQ Youth](#)
 - U.S. Department of Justice:
 - [OJJDP Listening Session Report: Creating and Sustaining Fair and Beneficial Environments for LGBTQ Youth](#) (2016)
 - [Dear College Letter on Transgender Students](#) (2016)
- **LGBTQ Youth and Homelessness**
 - HUD Exchange: [Review of the LGBTQ Youth Homelessness Prevention Initiative Planning Phase](#)
 - U.S. Department of Housing and Urban Development: [HUD LGBTQ Resources](#)
- **LGBTQ Youth: Health and Risks**
 - Centers for Disease Control and Prevention: [Health Risks Among Sexual Minority Youth](#)
 - StopBullying.Gov: [Bullying of LGBTQ Youth and Those Perceived to Have Different Sexual Orientations](#)
 - The Urban Institute: [Access to Safety: Health Outcomes, Substance Use and Abuse, and Service Provision for LGBTQ Youth, YMSM, and YWSW Who Engage in Survival Sex](#) (2016)
 - Mustanski, B., Newcomb, M., & Garofalo, R. (2011) [Mental health of lesbian, gay, and bisexual youth: A developmental resiliency perspective](#)
- **LGBTQ Youth and Juvenile Justice Involvement**
 - Gender Spectrum: [Social Services](#)
 - Impact Justice and the National Center for Lesbian Rights: [Lesbian, Gay, Bisexual, Questioning, and/or Gender Nonconforming and Transgender Girls and Boys in the California Juvenile Justice System: A Practice Guide \(2017\)](#)
 - The Annie E. Casey Foundation: [Lesbian, Gay, Bisexual and Transgender Youth in the Juvenile Justice System](#) (2015)
- **Mentoring LGBTQ Youth**
 - National Mentoring Resource Center: [Mentoring Lesbian, Gay, Bisexual, Transgender, Questioning, Intersex, and Gender Nonconforming Youth](#) (2016)
 - The Chronicle of Evidence-Based Mentoring: [New Research on Mentoring LGBT Youth of Color and Transgender Youth](#) (2017)
 - The Williams Institute: [Ensuring Access to Mentoring Programs for LGBTQ Youth](#) (2014)

- **Training on LGBTQ Topics (Misc.)**

- GLSEN: [Research Webinars](#)

LGBTQ AWARENESS DAYS

- GLSEN: [No Name-Calling Week](#) (January)
- GSA: Day for Racial Justice (February 24)
- Trans Student Educational Resources: [Transgender Day of Visibility](#) (March 31)
- [National Bullying Prevention Awareness Month](#) (October)
- Human Rights Campaign: [National Coming Out Day](#) (October)
- GLSEN: [Transgender Awareness Week](#) (November)

NEWS STORIES

- Child Trends: [Rights for LGBTQ Students: The Stakes Couldn't be Higher](#)
- MENTOR In Real Life Blog Series: [Creating Safe Spaces Through Mentoring](#)
- Youth Today: [Reaching LGBT Youth With Support, Mentoring and a Message That 'It Gets Better'](#)

POLICIES

- Center for the Study of Social Policy: [State Policies Concerning LGBTQ Youth](#) (2014)

RESOURCES FOR FAMILIES

- Substance Abuse and Mental Health Services Administration: [A Practitioner's Guide: Helping Families to Support Their LGBTQ Children](#)
- Gender Spectrum: [Parenting and Family Resources](#)
- Out Proud Families: [Blog](#), [Proud Mom Videos](#), [Resources](#), and other information for supporting families
- [SAMHSA](#) - A Practitioner's Resource Guide: Helping Families to Support Their LGBT Children

RESOURCES FOR LGBTQ YOUTH

- Gender Spectrum: [Resources for Teens](#)
- Human Rights Campaign: [Explore: Coming Out](#)
- [CDC](#), other government agencies resources for LGBT Youth, friends, families
- [Trevor Support Center](#) & Helpline Crisis Intervention for LGBT Youth (open 24/7) 1-800-850-8078

RESOURCES FOR SCHOOLS & POLICIES

- Tyler Clementi Foundation: [Resources for Middle and High Schools](#)
- Gender Spectrum:
 - [Education Resources](#)
 - [Legal Issues and Schools](#)
- GLSEN: [Transgender Model District Policy](#)

TRAUMA

- The National Child Traumatic Stress Network: [Safe Spaces. Safe Places: Creating Welcoming and Inclusive Environments for Traumatized LGBTQ Youth](#) (2015, Video)

VALUES, BELIEFS, MORALITY

- Gender Spectrum: [Gender & Religion](#)
- Human Rights Campaign: [Explore: Religion & Faith](#)
- Family Acceptance Project: [Resources for Families](#)

VIDEOS

- [Parents Write Affirmations for Their Transgender Children](#)
- [Texas Mom's Faith is Tested by Her Child's Transgender Journey](#)
- Gender Spectrum: [Navigating the Holidays—Sharing Information with Families & Friends](#)
- Viceland: [Gaycation \(Orlando\)](#)

HOW TO KEEP UP & OPEN?

Join BBBS' Workplace by Facebook - LGBTQ Group

To add resources to this document, please email BBBSA at foundations@bbbsa.org.

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